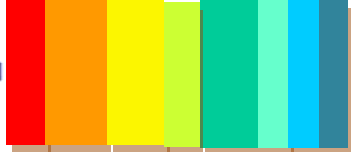


Humanity First

Serving Mankind



**Do you need
support in your
daily sustenance!**

**Non-Perishable Food Items are
available to anyone in need!**

- No Limit to Food Per Family
- Everyone Served equally
- Food Delivered



Feed A Family Program

We deliver food to the door-steps of the needy residents, who cannot reach us due to transportation and physical mobility constraints and etc.

Visit our Food Bank at:
245 Bowes Rd, Concord, ON, L4K 1H8
(City of Vaughan) OR
Call: 416-479-0315
416-440-0346 X 2
Email: foodbank@humanityfirst.ca

Humanity First is a Canadian based registered non-profit charitable, humanitarian relief organization, established to provide help and assistance to the human beings living in less fortunate circumstances around the globe and also to improve the quality of life in under- privileged countries.

It aims to help alleviate poverty, hunger and disease among the people of those parts of the world, where humanity struggles for the basic needs of life.

Other Canadian Programs:

- **Homelessness Prevention Program:** Provide support to new immigrants in their early struggle of settlement in GTA. Offers counseling on social, economical and legal issues to its clients.
- **Our Children – Our Future Program:** Support children living in unfortunate circumstances to exceed their academic potential by sending them to educational/recreational camps and/or providing them necessary equipment for their academic growth in schools. Provided that this support is not funded by any other resource.
- **Gift of Vision:** Provides a pair of glasses to those who need one but have financial limitations and if this expense is not covered or funded by any other source.

International Programs:

- Flood, Cyclone & Earthquake Disaster Relief
- Orphan Care
- Health Services: Gift of Vision
- Water for Humanity
- Education: Our Children, Our Future

For more information: Tel/Fax: 416-440-0346
Email: info@humanityfirst.ca

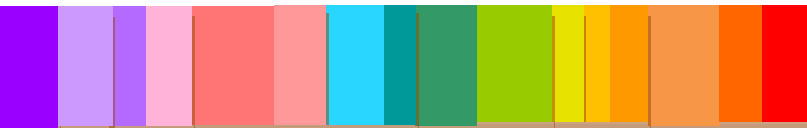
416.440.0346

To Donate or Volunteer, Contact Us Today!

245 Bowes Rd. Concord, ON L4k 1H8

www.HumanityFirst.ca

Charity Registration No. 87254 1040 RR0001



FEED A FAMILY